

Dr Lewis Mehl-Madrona MD PhD and Barb Mainguy MA present:

The Wild Mind: a Convergence of Neuroscience and Indigenous Teachings

An elder recently told us, "isn't it wonderful that neuroscience is finally catching up with the Lakota." Lakota is Lewis' father's tribe and the cosmology is the source of much of our inspiration for our healing work.

In this event, we are going to explore the idea of mind maps, a way of reflecting on the stories told by the characters that live within our minds. Stories are templates or blueprints for the way we live or enact our lives. This is the topic of our newest book, to be released in August. The idea is simultaneously Lakota, European, and based in neuroscience. From the energetic power of circle to the exploration of our mind as a wild garden of beings, including internal representations and external entities (spirits, angels, deities), all of whom have ontological status, we come together to explore the communities within our minds.



*Lewis Mehl-Madrona, MD, graduated from Stanford University School of Medicine and trained in family medicine, psychiatry, and clinical psychology. Of Cherokee and Lakota heritage, Lewis has worked extensively with indigenous communities around the world, including Australia. He is the author of five books, his latest: *Healing the Mind through the Power of Story*. His current interests centre around psychosis and its treatment within community and with non-pharmacological means, and narrative approaches to chronic pain in primary care. www.mehlmadrona.com*



Barbara Mainguy is a creative arts therapist. Barb has a background in art, philosophy and psychology. She completed her MA thesis on the connections between Lakota healing traditions and psychotherapy. Her work utilizes energy, story, ceremony, art, movement, drama, music, imagery and Lakota quantum physics to guide people into an approach to self-healing. www.coyoteinstitute/us

The Wild Mind: a convergence of neuroscience and indigenous teachings

Event Location and Booking details :

When: Friday March 6th 2015, 7.00pm to 8.30pm

Where: Hocokah House 283 Canterbury Rd Canterbury

Who: This workshop is open to the general public

Cost: \$20 per person (Concessions available)

Please call/email Tony on 0403 320 554 amgee@optusnet.com.au; or Sally on 0402 004 858 **Bookings essential as spaces are limited**

Come and join us for this evening of lively exploration!

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