



Ceremony and Healing the Wounds of Men: A Native American Perspective

We live in a world where men are supposed to be stoic ... are supposed to keep their thoughts and feelings contained ... and are shamed if they don't do so. Based on what we've been taught, this might sound correct on the surface, but when we as men come in contact with suffering and our own woundedness we realize that men carry deep wounds, and are often burdened with the false shame and false sense of unworthiness forced upon us by an ignorant, but dominant, culture.

Within each of us there is a deep wisdom available to assist on our journey toward balance, wholeness and meaning, and yet many have lost their way and don't quite know how to reconnect with that which brings healing, balance and a sense of meaning. Traditionally for thousands of years, men have come together in circle to sit together, to share their thoughts and to share in ceremony. Although many of these ceremonies were forbidden or even outlawed by the dominant society in developing nations for years, there is a return of ceremony underway in Native Communities in North America. As a part of this resurgence, men are coming together again ... are reconnecting with a sense of their true identity and purpose ... and are experiencing the beginning of healing within their wounds.

Please join Dr. Rocky Crocker, an integrative physician of Native American descent and active Native American ceremony member, in a unique opportunity to sit in circle as native men, and participate in a traditional Native American ceremony – the Inipi (or Sweat Lodge). Rocky will share some of the teachings from native North American cultures, utilizing both ancient and modern examples as well as ceremony and story, to assist participants in better understanding the connection between ceremony and healing for men living in the modern world.

When: Saturday 19th September (10 am till late)

Where: Warburton (details on booking)

Costs: \$120 (concessions available)



For bookings and information please call:

- Dave – Melbourne Men's Group – 0408 549 092 | info@mensgroup.melbourne
- Akiva – DadsLink – 0411 255 158 | dadslink@ymca.org.au
- Tony – Life Is... Foundation - 0403 320 554 | lifeisorg@yahoo.com.au