

Whole Body, Whole Spirit: *Native American Healing, Singing and Drumming, Nov 15 – 17th Melbourne Australia*

With: Dr Lewis Mehl-Madrona & Barbara Mainguy

Experience the extraordinary healing potential of Native American songs and drums in celebrations promoting wholeness in body and spirit.

Enter this unique weekend of music and sacred practices, sharing Native American singing, drumming, dancing, and ceremony as you develop strong “medicine energy” in community and experience an awakened kinship among all those who gather—‘seen and unseen’, mortal and immortal, flesh and phantom, human and animal.

From Lewis, whose ancestors were Cherokee, Lakota, Scottish, and French, and from Barbara, whose background is Celtic, you’ll learn songs, make masks, and learn to “dream while awake” to call in the spirits, honor the four directions, and praise and invoke important beings such as the Thunder spirits, the Eagle Nation, the Bear Nation, the Bat Nation, and the Women’s Nation. You’ll make prayer ties and learn to drum appropriately. The weekend will conclude memorably in a ceremony that honors all our ancestries. Through these activities of chanted songs, drum rhythms, and ceremonial rituals, you’ll explore Native American energy psychology and healing power, find deep community ties and new friends, and discover the elements in Native American spirituality that offer benefits to all.

Lewis Mehl-Madrona is

a physician and a leader in integrative medicine, combining the Western medicine he learned at Stanford Medical School with the traditional medicines he’s known all his life. He is author of Coyote Medicine: Lessons for Healing from Native America and four other books, and has produced popular CDs about Native American healing. www.mehl-madrona.com

Barbara Mainguy is

a creative arts therapist, with a background in art, philosophy, and psychology. She completed her M.A. thesis on the connections between Lakota healing traditions and psychotherapy. She works with Lewis in his practice in Brattleboro, Vermont, and co teaches with him in workshops throughout the United States, Europe, and Australia. <http://www.coyoteinstitute.us/>

***Join Dr Lewis Mehl-Madrona M.D, Phd & Barbara Mainguy MA in a
weekend Native American Healing Experience***

This workshop will be held in Canterbury Victoria supported by The Life
Is Foundation www.lifeis.org.au ; and Coyote Institute
<http://www.coyoteinstitute.us/>

Workshop cost: \$200.00 (Concessions available)

**Please bring your rattles, shakers or drums if you have them and we
will provide some too**

Please wear comfortable clothing

**For any enquiries or to reserve a place please call/email Sally on
0402 004 858 or 03 9077 8668 sallydebeche@hotmail.com**



Life Is...Foundation

A not for profit community organisation dedicated to
well being and harm prevention in young people.

